

# Senior Wellness & Disabilities Logic Model

### OUR OBJECTIVES

- Quality program staff improves resident care and ensures continuity of services
- · Seniors and Disabled individuals have their basic needs met in order to age successfully in their communities
- Physical and mental health and wellness contribute to the quality of life and residential stability
- Social Connectedness and decreased isolation prevent mental illness and contribute to longevity of life

# **INPUTS**

#### WHAT WE INVEST

Qualified, knowledgeable, and trained staff

**Qualified Director** 

Research and **Evaluation Team** 

Resident Assessments

Partnerships and relationships with local community based organizations and providers

Relationships with our residents

## **OUTPUTS ACTIVITIES**

#### Quality professional development and training in Geriatric Social Work

Education and training requirements

Quality Assurance and continuous quality improvement

Resident Assessment evaluation through review

Regular Peer Review

#### Basic needs met

Information and referrals

Initial Intake and Assessment of all residents

Development of programs and services which ensure basic needs are met

One-to-one assistance

#### Physical/Mental Health and Wellness

Activities and programs designed to create physical, mental health and wellness

Health screenings, classes, and presentations Information and referrals

Assessment of all residents to determine Loneliness

Opportunities for group, social engagement/events

# **OUTCOMES**

Well trained and qualified staff

**SHORT TERM** 

Program quality exceeds industry standards

**MEDIUM TERM** 

Execution of quality program standards through care and service delivery to our residents

**LONG TERM** 

Residents basic needs are met

Resident satisfaction surveys consistently show basic needs are met

Residents have continuity of care increasing longevity in community

Residents are aware of their mental and physical health needs

and civic engagements

within and outside of their community

Residents have increased knowledge of chronic illnesses and depressive symptoms

Residents effectively manage physical and mental health leading to a better quality of life

#### Increase Social Connectedness and Decrease Isolation

and Depressive symptoms

**Development of Resident Associations** 

One-to-one engagement

Residents have Residents feel opportunities for engaged with involvement in the their community planning of their social

Residents feel a sense of belongingness to their community